



4645 Wyndham LN, Suite 180, Frisco, TX 75033

469-756-1078

info@friscomassagetherapy.com

1 of 3

Aqua Webb LMT, NMT: MT108912 | Veronica Kicklighter LMT, MLD-C: MT120469

Marta Vecchio LMT, CST: MT123055 | Blaire Nelson LMT, MMT: MT136536

Name _____ DOB _____

Address _____ City _____

State _____ Zip _____ Phone () _____ Phone () _____

E-mail: _____ Email newsletter/specials? ☐ Yes ☐ No

Occupation _____ Male _____ Female _____ Other _____

Referred by: _____ Phone () _____

In case of emergency: _____ Phone () _____

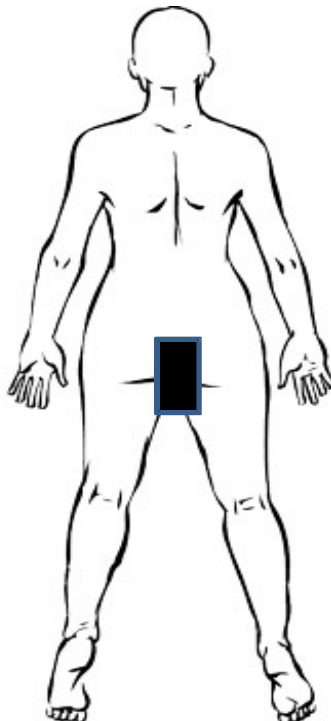
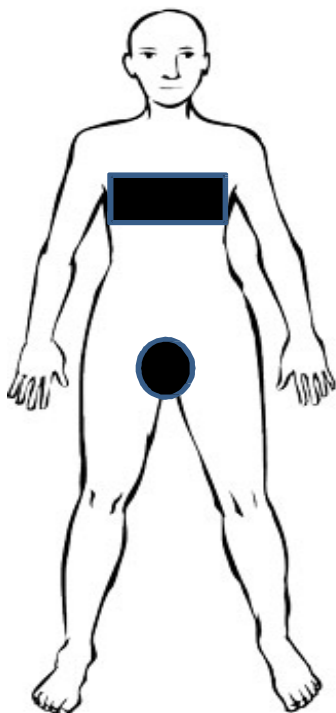
Physician _____ Phone () _____

Please take a moment to carefully read the following information and sign where indicated. If you have a specific medical condition or specific symptoms, massage/bodywork may be contraindicated. A referral from your primary care provider may be required prior to service being provided.

Have you ever experienced a professional massage or bodywork session? ___ Yes ___ No How recently? _____

What are your massage or bodywork goals? _____

What kind of pressure do you prefer? light ☐ medium ☐ firm ☐ other _____



Use the body map to complete the following:

CIRCLE (O) any areas of your body that you want focused attention on.

CROSS OUT (X) any areas you would rather be avoided / not massaged during the session.

DOTTED LINE (- -) any surgical or other deep / significant scar tissue.

Shaded areas will not be massaged.

If you answer “yes” to any of the following questions, please explain as clearly as possible.

Please list any sources of personal stress (mental, emotional, or physical): _____

☐ Yes ☐ No Do you experience depression/anxiety, or any other mental illness? If yes, please list: _____

☐ Yes ☐ No Do you have diabetes? If yes, controlled by what means? _____

☐ Yes ☐ No Do you experience frequent headaches? How many per week/month? _____

☐ Yes ☐ No Are you pregnant? If yes, how many months? _____

☐ Yes ☐ No Do you have any allergies? Please list: _____

☐ Yes ☐ No Are you allergic to anything topically (skin)? Please list: _____

☐ Yes ☐ No Do you experience arthritis or joint swelling? If yes, what joints? _____

☐ Yes ☐ No Do you have osteoporosis?

☐ Yes ☐ No Do you experience TMJ/TMD syndrome or grind/clench your teeth?

☐ Yes ☐ No Do you have high blood high pressure? If yes, please list any medication(s): _____

☐ Yes ☐ No Do you experience epilepsy or seizures?

☐ Yes ☐ No Do you have cardiac or circulatory problems?

☐ Yes ☐ No Do you have varicose veins? If yes, please list location: _____

☐ Yes ☐ No Do you bruise easily?

☐ Yes ☐ No Do you have any history of either cranial (head) or sacral (tailbone) trauma/concussion? Date of injury? _____

☐ Yes ☐ No Any broken bones in the past? Please list: _____

☐ Yes ☐ No Do you experience back pain? If yes, is it in a specific area? _____

☐ Yes ☐ No Are you currently experiencing numbness in any area? Please list: _____

☐ Yes ☐ No Are any areas sensitive to pressure? Please list: _____

☐ Yes ☐ No Are you currently experiencing any muscle tension or soreness? List area(s): _____

☐ Yes ☐ No Any injuries/trauma/surgeries? List type and date of occurrence: _____

☐ Yes ☐ No Do you experience any additional chronic problems or have any other medical condition(s) I should know about? Please list: _____

List any medications you are taking, not mentioned above: _____

Please be advised of the policies for this office. Your signature below signifies acceptance of these policies.

Cancellation

A 24-hour notice is required for cancellation of an appointment, or you will be charged *in full* for the appointment.
Payment is due before your next appointment.

Tardiness

Appointment times are as scheduled and cannot extend beyond the stated time to accommodate late arrivals.

Sickness/Injury

Manual therapy is not appropriate care for infectious or contagious illness (i.e.: poison ivy contact, common cold, influenza, covid, etc.), or after an acute injury (i.e.: car accident, sprain or broken bone, head trauma, etc.). Please cancel your appointment as soon as you are aware of an infectious or contagious condition and immediately after an acute injury. If it is within the 24-hour notice period, the cancellation fee may be waived.

Initials

Statements Required by Texas for Massage Therapy

_____ I understand that a combination of Swedish, Deep Tissue, Trigger Point, Myofascial Release, Hot Stone, Sports/Stretching, Reciprocal Inhibition, Neuromuscular Therapy, Reflexology, Manual Lymphatic Drainage, Thai, Myoskeletal Alignment, Aromatherapy, Electronic Percussion, Cupping, Gua Sha, PhysioKinetix, Neuromuscular Reprogramming, CranioSacral therapy, and Prenatal/Postnatal applications **MAY** be used during the therapy session *if applicable* for my treatment plan.

_____ I understand that breast massage of female clients is not within the scope of practice for Frisco Massage Therapy unless recommended by a medical professional and cannot be completed without a separate consent form signed at each service.

_____ I understand that draping (including the genital area and gluteal cleavage) is required by the State of Texas and will be used during the entire massage session.

_____ I understand that I or my massage therapist may end the massage session if they feel uncomfortable for any reason.

_____ I understand that the massage therapist **MUST** immediately end the massage session if there is verbal or physical contact that is sexual in nature.

Consent for Massage Therapy Treatment

I understand that the massage/bodywork I receive is provided for the basic purpose of relaxation and relief of muscular tension. If I experience any pain or discomfort during this session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage or bodywork should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician, chiropractor, or other qualified medical specialist for any mental or physical ailment of which I am aware. I understand that massage/bodywork practitioners are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said during the session given should be construed as such. Because massage/bodywork should not be performed under certain medical conditions, ***I affirm that I have stated all my known medical conditions and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile and understand that there shall be no liability on the practitioner's part should I fail to do so.***

Client Signature _____ Date _____

Practitioner Signature _____ Date _____

Consent to Treatment of Minor:

By my signature below, I hereby authorize _____ to administer massage, bodywork, or somatic therapy techniques to my child or dependent, as they deem necessary.

Signature of Parent or Guardian _____ Date _____

Practitioner Signature _____ Date _____